

Social Prescriber

Job Description and Personal Specification

Contract Type: Full time, fixed term contract till end February 2023

Location: Lift and Rose Bowl youth hubs and youth/community venues across Islington

Hours: 40

Practical requirements: a flexible approach to working round the needs of children and young people with some after-school/college hours work required

Reports to: Senior Emotional Wellbeing Worker

Salary: £28k

Job description

What is the overall purpose of the role?

Promoting the emotional well-being of children and young people through support and guidance. This will include creating or supporting personal plans that combine direct delivery, on-line tools and using integrated support services. The outcomes are that young people;

- become motivated, positive and resilient
- develop self-help skills to get themselves to where they think they should be
- gain the confidence to experiment, make mistakes and thrive
- treat themselves and others with kindness and respect
- discover new ideas, activities and ways of doing things

Key activities and responsibilities

- Holding a caseload of young people with mild-to-moderate wellbeing issues, referred by partners.
 - Using social, sporting, cultural and community opportunities to deliver wellbeing outcomes agreed with the young person, within a light-touch social prescribing offer.
 - For those transitioning out of education or CYP services, focusing on preparing them for the next stage of their life and/or engaging with adult support services.
 - Identifying and referring when further targeted or clinical support might be needed.
 - Working effectively with other professionals in the young person's network (for example within education, therapeutic services, social care).
 - Including and advising family members or carers how best to support their children in management of their personal plan.
 - Efficiently managing the workload and ensuring that all contact work and outcomes are documented, evaluated and that data is inputted into a case management system.
 - Developing and maintaining strong knowledge and relationships across the network of local children and young people's social, emotional and mental health providers and those delivering sports, physical activities, arts and culture.
 - Developing and facilitating group support work opportunities for young people with similar or complementary needs.
 - Staying informed on legislation, local and national issues, and best practice in youth work.
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- Giving support to young people who are already using the youth hubs who could benefit from emotional and well-being services as an early intervention.
- Ensuring child protection procedures are followed and that the safeguarding of young people is paramount in a complex multi-agency environment.
- Carry out all duties in accordance with Isledon Arts' policies on Health and Safety, Child Protection and Data Protection, and within relevant legislation.
- Any other duties appropriate to the post.

Person Specification

1 You are

- 1.1 Positive and self-driven, able to work both independently and as part of a team
- 1.2 Flexible in your approach (this is a pilot project and will be developed as we learn)
- 1.3 Resilient, able to handle the responsibility that dealing with the emotional well-being of vulnerable young people can bring

2 Education, qualifications, or experience

- 2.1 Experience of youth work and delivering high quality youth services in an inner-city environment
- 2.2 Experience of case work and working with young people with emotional and well-being support needs
- 2.3 Experience of partnership working in service delivery
- 2.4 Formal training in Trauma, Mental Health Awareness and a Youth Mental Health First Aid Certificate are desirable.

3 Knowledge, skills and abilities

- 3.1 Excellent communication skills with the ability and confidence to establish positive relationships with children and young people (and their families) and motivate them to participate in support services and creative and healthy activities
- 3.2 Excellent organisational and administration skills with proficiency in Microsoft Office
- 3.3 Strong literacy skills with the ability to write reports and evaluations
- 3.4 Strong attention to detail
- 3.5 Caseload management skills to prioritise effectively and multi-task in a sometimes busy and stressful environment
- 3.6 Politically and creatively aware and 'plugged in' to issues affecting young people today with an understanding of the role of social media in young people's emotional lives
- 3.7 Positive about embracing challenge and change, open to experimenting, new ideas, reflective practice and working with other organisations in a spirit of partnership

- 3.8 Ability to represent Isledon and give presentations at meetings and stakeholder events
- 3.9 Ability to think strategically using field, desk and academic research to inform views
- 3.10 Understanding and appreciation of the importance of monitoring and evaluation
- 3.11 A believer in strongly supportive environments, sharing and being open with colleagues
- 3.12 Ability to operate within professional boundaries when developing and maintaining relationships with young people and their families
- 3.13 A working understanding of equality and diversity with the ability to challenge discriminatory behaviour

More information about this role

The Social Prescribing Service offers an early intervention pathway for mild-to-moderate wellbeing issues. It receives direct referrals via specific partners: a range of GP surgeries, three NHS departments and a secondary school.

This new role is part of pilot programme that Isledon Arts CIC is running on behalf of Islington Council and the Islington Clinical Commissioning Group.