

Catering menu allergen information – lunches and salads

Dish / foodstuff	Cereals with gluten	Nuts	Pe an uts	Fish	Eggs	Milk	Soya beans	Celery	Mustad	Sesame	Sulphites dioxide	Lupin
Lunch Option 1 / 2 Sandwiches												
Ham & Cheese	✓ wheat				✓	✓			✓			
Cheese & Tomato	✓ wheat ✓ barley					✓					✓	
Egg Mayonnaise	✓ wheat				✓	✓			✓			
Tuna Cucumber	✓ wheat			✓	✓	✓			✓			
Spicy Chicken	✓ wheat				✓	✓			✓			
Mozzarella Green Pesto	✓ wheat	✓ cashew			✓	✓						
Smoked Salmon Cream Cheese	✓ wheat			✓		✓						
Hummus Falafel	✓ wheat									✓		
Coleslaw Pepperoni	✓ wheat				✓	✓						
Pastrami Gherkins	✓ wheat				✓	✓			✓			
Chicken Sweet Corn	✓ wheat				✓	✓			✓			
Brie Strawberry jam	✓ wheat					✓						
Hot Food												
Beef Hot Pot								✓				
Chicken Hot Pot								✓				
Vegetarian Hot Pot								✓				
Roast veg quiche	✓ wheat				✓	✓						
Grilled Chicken												
Baked Salmon				✓						✓		
Jacket Potatoes												
White Rice												



Fresh Salads												
Green salad												
French dressing	✓ wheat								✓		✓	
Lentil salad												
Pasta salad	✓ wheat				✓	✓						
Couscous salad	✓ wheat	✓ cashew										
New potato salad					✓	✓			✓			
Wild Rice Salad												
Beetroot salad						✓				✓		
Soups												
Pumpkin Soup									✓			
Tomatoes and Basil									✓			
Cream of Mushroom						✓	✓		✓			
Spicy Lentil									✓			
Beverages												
Crisps												
Fruit medley												
Biscuits	✓ wheat				✓	✓					✓	
Pastries	✓ wheat				✓	✓						
Muffins	✓ wheat				✓	✓						
Cakes												
Chocolate cake	✓ wheat				✓	✓						
Victoria sponge	✓ wheat				✓	✓						
Cheese cake	✓ wheat				✓	✓						
Lemon drizzle	✓ wheat				✓	✓						
Almond tart	✓ wheat	✓ almond			✓	✓						
Carrot cake	✓ wheat				✓	✓						

Please note Gluten free bread can be arranged in advance

Catering menu allergen information – Canapés

Dish / foodstuff	Cereals with gluten	Nuts	Peanuts	Fish	Eggs	Milk	Soya	Celery	Mustard	Sesame	Sulphites
Canape											
Vegetarian											
Roast vegetable skewers											
Falafel and tahini										✓	
Tomato mozzarella skewers		✓				✓					
Goats cheese mousse						✓					
Goats cheese onion tart	✓ wheat				✓	✓					
Chickpea, lentil samosa	✓ wheat				✓	✓		✓			
Meat											
Roast beef, York pudding	✓ wheat				✓	✓			✓		
Chicken bite with chilli	✓ wheat				✓					✓	
Mini beef burgers	✓ wheat				✓	✓	✓		✓		
Duck pate, croutons, hoisin	✓ wheat						✓			✓	
Mini jerk chicken									✓		
Fajita, tortilla chips and dips	✓ wheat					✓					
Sambusa with yogurt	✓ wheat					✓			✓		
Meatballs and sauce	✓ wheat				✓				✓		
Fish and sea food											
Salmon, cheese, croutons	✓ wheat			✓		✓					
Tiger prawns				✓							
Haddock fish cake	✓ wheat			✓	✓	✓			✓		
Sweet											
Petit fours	✓ wheat				✓	✓	✓				



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Nuts: Almond, hazelnut, walnut, pecan, Brazil, pistachio, cashew, macadamia nuts

Shellfish: Oysters, mussels, squid, whelks, clams crab & molluscs